

## Be *Grateful*

*Express appreciation to everyone who does us a favor or assists us in any way.*

**D & C 59:21**

## Be *Smart*

*The Lord wants us to train our minds and hands to become an influence for good.*

**D & C 88:78-80**

## Be *Clean*

*We live in a world filled with filth and sleaze. We cannot afford to let it touch us. We should not be disrespectful of the body which the Lord has given us.*

**Exodus 20:7**

**1 Cor. 3:16-17**

## Be *True*

*Let us be loyal to the Church under all circumstances. The authorities of the Church will lead us in paths of happiness.*

**Hymns 254 & 84**

## Be *Humble*

*The meek and the humble are those who are teachable.*

**D & C 112:10**

**Matthew 5:5**

## Be *Prayerful*

*Look to the Lord for understanding and guidance, and walk according to His precepts and commandments.*

By President Gordon B. Hinckley—talk given to youth and young single adults on 12 November 2000.